

BEST WINTER WORKOUTS • AFFORDABLE HELI-SKIING

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**BUILD
YOUR
LIFE
LIST**

45 Things
You've Gotta
Try Before
You Die

ANTARCTICA:
THE TOUGHEST
MARATHON

TIBET:
RUNNING THE
ANGRY RIVER

**Big
Money
& Bad
Odds**

OIL COWBOYS
IN AFRICA

**Finding
Steve
Fossett**

INSIDE THE
LARGEST
MANHUNT
EVER

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Racing**

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CARVING TOOLS

Add some essential tools to your bodybuilding kit - Ripped Fuel® 5X and new Ripped Fuel® XTENDR. Ripped Fuel 5X gives you a multifunction, powerhouse diet and energy tool to help you redefine your look.* Its professional-strength formula uses 5 distinct nutritional mechanisms to energize your diet.* And once you've reached your goal, introduce your body to new Ripped Fuel XTENDR to maintain your great look longer.* A unique, patent-pending formula clinically shown to maintain full thermogenic effect for at least 8 weeks after initial weight loss, new Ripped Fuel XTENDR counteracts your body's natural tendency to keep unhealthy fat.*^{1,2} And when you have less fat, you have more definition. Get cut with Ripped Fuel 5X and stay cut longer with new Ripped Fuel XTENDR.*



1. Beiza A, Frandsen E, Kondrup J. *International Journal of Obesity*, April 2003.

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